

# Assessing the Quality of AI-Generated Exams: A Large-Scale Field Study

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## Abstract

While large language models (LLMs) challenge conventional methods of teaching and learning, they present an exciting opportunity to improve efficiency and scale high-quality instruction. One promising application is the generation of customized exams, tailored to specific course content. There has been significant recent excitement on automatically generating questions using artificial intelligence, but also comparatively little work evaluating the psychometric quality of these items in real-world educational settings. Filling this gap is an important step toward understanding generative AI's role in effective test design. In this study, we introduce and evaluate an iterative refinement strategy for question generation, repeatedly producing, assessing, and improving questions through cycles of LLM-generated critique and revision. We evaluate the quality of these AI-generated questions in a large-scale field study involving 91 classes—covering computer science, mathematics, chemistry, and more—in dozens of colleges across the United States, comprising nearly 1700 students. Our analysis, based on item response theory (IRT), suggests that for students in our sample the AI-generated questions performed comparably to expert-created questions designed for standardized exams. Our results illustrate the power of AI to make high-quality assessments more readily available, benefiting both teachers and students.

**Code** — [github.com/calisleyley/ai\\_exams](https://github.com/calisleyley/ai_exams)

**Datasets** — [github.com/calisleyley/ai\\_exams/tree/main/data](https://github.com/calisleyley/ai_exams/tree/main/data)

**Extended version** — [arxiv.org/abs/2508.08314](https://arxiv.org/abs/2508.08314)

## Introduction

Generative AI presents both unique challenges and opportunities for educators. On one hand, it threatens to undermine traditional forms of assessment, if used improperly (Ho 2024; Briggs 2024). Moreover, potentially biased or otherwise inaccurate information produced by LLMs could

be especially harmful in educational settings, where students are particularly receptive to internalizing the provided information—even if it is wrong. Despite these challenges, generative AI has the potential to dramatically improve the quality and accessibility of education. LLMs can in principle deliver highly personalized educational experiences at scale, democratizing access to high-quality instruction.

Here, we investigate the potential of AI to assist with one specific aspect of teaching and learning: producing high-quality assessments customized to individual courses. Creating suitable exam questions can take instructors and other experts hours or even days (Attali et al. 2022; Drori et al. 2023). For resourced-constrained educators, this time-consuming process may detract from their ability to meaningfully engage with students in other ways. The alternative is for educators to spend little time on test creation, but this can result in tests that are too easy, too hard, or generally do not adequately capture student ability and aggregate class performance.

To address this issue, educational researchers have long explored ways to generate high-quality assessments automatically (Irvine and Kyllonen 2002; Gierl and Lai 2016). The advent of LLMs represents a new frontier in automated question generation (Tan et al. 2024), with a flurry of recent activity seeking to address the problem. However, despite much work exploring the potential of generative AI to create exam questions, there are relatively few studies formally studying the performance of LLM-generated items in real-world educational environments—a critical step for understanding and responsibly using these AI-generated questions.

In this study, we introduce an iterative refinement strategy—similar to Self-Refine (Madaan et al. 2023)—for generating exam questions tailored to specific course content. In one of the largest field studies of AI-generated assessments to date, we evaluate the quality of the generated exam items in 71 of our 91 participating college courses, reaching approximately 1,200 students. We use the remain-

ing 20 courses (approximately 500 students) to benchmark the performance of our AI-generated questions against problems created by human experts for a standardized Advanced Placement (AP) exam. Full details of the field study are provided below.

Using instructor-provided course materials, we tailor the AI-generated questions to each course's specific context. Analyzing the student responses with item response theory (IRT; Van der Linden and van der Linden 2016), we find that the AI-generated questions performed comparably with those created by experts, both in terms of their overall difficulty and their discriminative power. On average, the AI-generated items we produced were somewhat easier but also more discriminating than the expert-produced questions. Our findings illustrate the potential for generative AI to increase access to high-quality, customized assessments, benefiting both teachers and students.

## Related Work

**Automated Item Generation** Since the advent of computer-based assessment, educational researchers have explored the potential of Automated Item Generation (AIG) (Irvine and Kyllonen 2002; Gierl and Lai 2016). Most work on AIG has focused on college-level multiple-choice questions in STEM fields, a tradition we follow in this study (Song, Du, and Zheng 2025). Historical approaches to AIG were often “model” based, utilizing human-vetted schemas of questions containing variables that are later populated algorithmically (Bejar 2002; Gierl, Lai, and Turner 2012; Attali 2018).

**AI-Assisted Automated Item Generation** Beyond this model-based approach, researchers have used natural language processing to extend AIG to domains and question-types that may be trickier to model, like factoid questions or personality test items (von Davier 2018; Serban et al. 2016) Following the recent development of LLMs, researchers have now shifted their attention towards using generative AI to produce items (e.g., Attali et al. 2022; Russell-Lasalandra, Christensen, and Golino 2024; Chan et al. 2025; Bhushan et al. 2025). This work has highlighted the value of proper prompt engineering for creating high-quality questions (Kıyak and Emekli 2024), but has not typically considered more advanced generation techniques, like the iterative refinement approach we apply here. Past work has also left unanswered the extent to which generative AI can create highly tailored questions across a diverse range of course content.

Despite increasing interest in using generative AI to automatically generate items, there has been limited evaluation of item quality. Most such work has relied exclusively on human experts to evaluate items, rather than considering actual responses to generated questions administered in field settings. Indeed, a recent review of 60 papers that used LLMs to perform AIG (Tan et al. 2024) noted that psychometric evaluations of test items is not done in most papers, and “recommend[ed] evaluating both the measurement properties and pedagogical soundness of generated items as an essential step in AIG.” There are, however, some exceptions to

this general trend. Prior work (Zelikman et al. 2023) used LLMs as simulated students to help automatically create parallel tests using a much smaller set of human data, with similar psychometric properties to human experts. Similarly, Liu, Bhandari, and Pardos (2025) recently examined using LLMs as simulated humans to help designers generate items, and evaluated whether the LLM responses yielded similar psychometric item parameters to those obtained using human responses. Additionally, two recent studies had humans take tests with both human and LLM-generated items. While informative, these studies were done at a relatively small scale, reaching 36 (Kıyak and Emekli 2024) and 207 (Bhandari et al. 2024) students, respectively. In both studies, they find human-written and AI-generated questions had similar difficulty distributions in an IRT analysis, though in (Kıyak and Emekli 2024), the AI questions were found to be less discriminating, while in (Bhandari et al. 2024), they were more discriminating. To our knowledge, there has not been a large-scale field study of the psychometric properties of generative-AI created items across a diverse range of college-level content.

## Methodology

Building on past work on AI-assisted AIG, we developed a two-stage, iterative process for generating customized, high-quality exam questions tailored to a class's specific course content. Our goal was to create short exams, comprised of 10 multiple-choice questions that could be completed in about 1-2 minutes each, to ease burdens on student participants. Below we describe our AI-based exam generation process, as well the creation of our benchmark tests.

### AI-based Exam Generation

To generate exam questions, we employed an iterative prompt refinement strategy, similar to Self-Refine (Madaan et al. 2023). To ensure questions were tailored to the covered class material, we incorporated a range of instructor-provided course materials, as described below. All question generation and judging requests were performed via OpenAI's o3-mini model—OpenAI's most advanced reasoning model available at the time of generation. A broad overview of the exam generation procedure is shown in Figure 1, and pseudo-code is provided in the digital appendix.

**Question Generation** For each class, we independently generated questions as follows. We compiled the instructor-provided course materials—including the course description, syllabus, and prior homework or exams—and converted them to plain text. This material was then included as context in the prompts for both the question generator and the judge. Full prompt templates are included in the digital appendix.

Next, we repeated the following three steps until we had 20 judge-labeled “good” questions:

1. **Question Generation:** Generate one multiple choice question that tests the concepts covered in the provided materials. To align the AI-generator to our desired question quality, we provided good and bad examples for

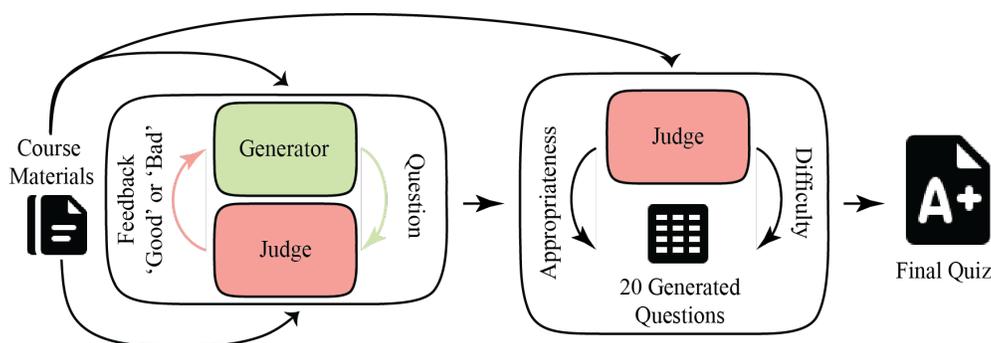


Figure 1: To produce our test items, our algorithm repeatedly generates and evaluates model outputs, until questions are deemed acceptable. Course materials are provided to both the AI-generator and AI-judge to ensure questions and feedback are context specific. After 20 questions are generated, they are passed to an additional AI-judge, who evaluates the appropriateness and difficulty of the 20 generated items. The hardest 10 become the final test.

few shot inference. In every iteration for all classes, our prompt also contained five questions selected from the public 2012 AP Statistics practice exam as “good” candidate examples.<sup>1</sup> No “bad” questions were provided at the beginning of iteration. As the iterative refinement cycle progresses, previously generated questions are inserted into the prompt for future generation. We insert up to the first five “good” and five “bad” questions into the prompt, with the AI-judge’s label indicating a question’s quality (as described in Steps 2 and 3 below).

2. **Question evaluation:** Assess the question’s appropriateness for the class, uniqueness relative to the “good” examples provided, and a few other functional criteria (e.g., ensuring that questions do not test students on information included in the syllabus). The AI-judge returns either a “good” or “bad” label of question quality.
3. **Prompt self-refinement:** The question and label generated in steps 1 and 2 above are inserted into the AI-generator’s prompt as additional context (i.e., the previously generated question is provided as either a “good” or “bad” example).

The following are examples of a “good” and a “bad” question produced by our iterative generation procedure.

**“Good”** – *Programming Languages*: In a statically-typed functional language that is extended with object-oriented features, what is a primary design challenge that arises from such integration?

**“Bad”** – *Advanced Biochemistry Laboratory*: According to the final report guidelines for Advanced Biochemistry Laboratory, which of the following mistakes would most likely result in your manuscript being returned ungraded?

When the judge rates that 20 good questions are generated, the loop above terminates.

<sup>1</sup>The 2012 AP Statistics Practice exam can be found here: <https://apcentral.collegeboard.org/media/pdf/ap-statistics-practice-exam-2012.pdf>

**From Questions To Exams** To create the full 10-question, class-specific exam, the 20 questions generated above were passed through a final round of AI-judging, which assessed question difficulty, appropriateness, and confirmed the generator-provided answer was correct. Any questions deemed inappropriate for the course and any question where the judge disagrees about the correct answer were removed. Finally, we then selected the 10 hardest questions (as evaluated by the AI-judge) to include in the exam. This was done because in our informal assessments, generated questions were too easy, so we prioritized the most difficult questions for inclusion in the exam; see the evaluation section below for further details on question difficulty. If the final round of judging removed more than 10 questions, an additional 20 questions were generated for that course and the full group of 40 was re-evaluated. All generated exams are available in the data appendix.

### Benchmarking Against Traditional Exam Questions

We compared our AI-generated exam questions to high-quality human-generated questions designed for use on standardized tests. In particular, we benchmarked our method against the 24 multiple-choice questions included in a publicly available 2012 AP Statistics practice exam that could be faithfully recreated with plain text (i.e., did not include figures or tables).

The range of topics tested by these questions, as well as their general difficulty, aligned well with the material covered in the 20 statistics courses in our study. To further tailor the exams to the classes, we used an LLM (o3-mini) to assess a question’s key concepts and difficulty. For each of the statistics courses, we then asked o3-mini to construct a list of concepts covered in the class, based on the provided class materials. Finally, questions were added to the exam in descending order of difficulty—on the theory that the college classes in our sample were more difficult than typical AP classes offered in high school—while preserving course fit and concept diversity.

We limit our benchmark to statistics-related exams, as this

was one of the only areas for which we could find high-quality traditional questions that tested the material covered by the classes in our study. While this limits the generalizability of our comparison, it also illustrates our key contribution: automatic creation of highly tailored questions across a diverse array of subjects for which there are often few alternatives.

## Evaluation

We assessed the quality of our AI-generated exams, as well as the benchmark exams, via a large-scale field study conducted at a diverse range of colleges and universities across the United States. Student responses were analyzed with item response theory (IRT), yielding assessments of each question in our corpus, as well as the overall quality of the class-specific exams.

## Field Study

Our field study comprised 182 classes at American colleges. These classes corresponded to 164 unique courses, as some courses enrolled multiple sections of the same course as unique classes. This sample primarily included courses in STEM related fields. Instructors provided their course materials to facilitate tailored question generation. Neither students nor instructors were told whether questions were AI-generated or came from a standardized test.

At the beginning of the 2025 Spring semester, students in participating classes took a common pre-test of general quantitative reasoning skills. This common assessment was used to obtain comparable estimates of ability across our diverse student population. Then, near the end of the semester, students completed the tailored exam that we had created for their class. Participating instructors had the choice to assign both the pre-test and semester-end exams as either homework or as an in-class assignment. All sections of the same course received the same semester-end assessment.

Of the 182 participating classes, we have exam responses from 121 courses (66%). For the remaining courses, we either had low student participation rates or determined that the course itself was not suitable for exam generation (e.g. research seminars). Of the 121 classes for which we ultimately collected exam data, we manually created exams for 30 classes (24%) through an ad-hoc process to pilot our exam-administration procedure; we excluded these classes without analyzing the corresponding data.

Our final dataset thus consists of responses from 91 classes, comprising 1686 students who completed both the pre-test and semester-end exam. In sum, 1208 students in 71 of these classes received the AI-generated exam, and the remaining 478 students in the 20 statistics classes received an assessments with questions from the AP statistics practice exam. In some rare cases (less than 2%), students submitted multiple responses for either the pre-test or semester-end exams. In these instances, we superscored their responses, retaining their highest score for each individual question across attempts.

## Item Response Theory

We evaluate the quality of both individual exam questions and the complete 10-question exams with item response theory (IRT). IRT (Van der Linden and van der Linden 2016) is a standard method for obtaining assessments of question (referred to as an “item”) and exam quality. It yields estimates of both *difficulty* (i.e., how hard an item is) and *discriminatory power* (i.e., how well an item separates out stronger from weaker students).

IRT models the probability of a correct response as a function of an individual’s latent ability  $\theta_i$  and latent properties of each item. We use a two-parameter logistic model (2PL). Specifically, let  $Y_{i,j}$  indicate whether item  $j$  was correctly answered by student  $i$ . We then model,

$$\Pr(Y_{i,j} = 1 \mid \theta_i, \alpha_j, \beta_j) = \text{logit}^{-1}[\alpha_j(\theta_i - \beta_j)]$$

where  $\alpha_j$  and  $\beta_j$  are latent item parameters.

An item’s difficulty parameter  $\beta$  indicates the ability level  $\theta$  at which  $\Pr(Y = 1 \mid \theta, \alpha, \beta) = 0.5$ . As an item’s difficulty increases, only students with higher latent ability parameters are expected to answer the item correctly. An item’s discrimination parameter  $\alpha$  captures how sharply  $\Pr(Y = 1 \mid \theta, \alpha, \beta)$  changes as a function of  $\theta$ . More discriminating items do a better job at distinguishing between students whose abilities lie near the item’s difficulty.

To evaluate exams on the whole, we compute each test’s *information curve*, which shows how much information a test provides about students across the spectrum of ability levels. The information curve  $I_j$  of an item is:

$$I_j(\theta) = \alpha_j^2 P_j(\theta)(1 - P_j(\theta)),$$

as defined in Lord (1980), where  $P_j(\theta) = \Pr(Y_j = 1 \mid \alpha_j, \beta_j, \theta)$ . To find an assessment’s total test information, we sum over its constituent questions:

$$I(\theta) = \sum_j I_j(\theta).$$

The information of an exam at a given  $\theta$  tells us the precision with which the exam measures ability at that point. Namely, from test information one can also compute a test’s conditional *reliability*

$$R(\theta) = \frac{I(\theta)}{1 + I(\theta)},$$

which equals the proportion of total variance in estimated ability that is true signal rather than measurement error at that ability level (Nicewander 2018).

We examine both the individual item parameters as well as the aggregate test information to robustly understand how the AI-generated exams performed in the field, and how AI-generated questions compare to traditionally created questions appearing on standardized tests.

**Model Inference** We apply the above IRT model to simultaneously estimate parameters for all students and items in our dataset, including both pre-test and semester-end responses in the same model. We include pre-test responses as

anchor items, allowing us to establish a common  $\theta$  scale between students who took the AI generated exams and those who took the exams composed of questions from standardized tests. Though exam type was not randomly assigned, the common  $\theta$  allows us to make descriptive comparisons across the two groups. We note that our choice to use a single parameter  $\theta$  for each student implicitly assumes their latent ability is constant throughout the time period we consider. We further comment on this assumption in the discussion.

In our setting, we have hundreds of items distributed across dozens of classes. To efficiently estimate student and item parameters, we use a Bayesian hierarchical formulation of the 2PL IRT model. Hierarchical priors allow us to pool information across items, accounting for variation in both item discrimination and difficulty simultaneously (Bürkner 2021; König and Alexandrowicz 2024).

Specifically, for the discrimination parameter  $\alpha_j$ , we assume,

$$\log(\alpha_j) \sim N(\mu_\alpha, \sigma_\alpha^2),$$

where

$$\begin{aligned} \mu_\alpha &\sim N(0, 1) \\ \sigma_\alpha &\sim \text{half-Cauchy}(0, 1). \end{aligned}$$

We follow Gelman (2006); Polson and Scott (2012) in setting weakly informative half-Cauchy priors for the standard deviation hyper-parameters. Similarly, for the difficulty parameters  $\beta_j$ , we assume,

$$\beta_j \sim N(\mu_\beta, \sigma_\beta^2),$$

where, as above,

$$\begin{aligned} \mu_\beta &\sim N(0, 1) \\ \sigma_\beta &\sim \text{half-Cauchy}(0, 1). \end{aligned}$$

Finally, we follow standard practice and assume individual abilities are distributed according to a standard normal distribution (König and Alexandrowicz 2024):

$$\theta_i \sim N(0, 1).$$

which is necessary for our model to be properly identified.

We fit this hierarchical Bayesian IRT model using `cmdstanr` (Gabry et al. 2025), with 4 chains and 1000 samples per chain. We confirmed that the Gelman-Rubin convergence diagnostic,  $\hat{R}$  value of each parameter in the model was well below 1.05 ( $\max \hat{R} = 1.008$ ), indicating proper convergence ( $> 1.1$  indicates potential lack of convergence,  $\approx 1$  indicates good convergence). All parameters achieved suitable effective sample sizes (ESS), with a minimum bulk ESS of 773 and a minimum tail ESS of 1,486—indicating that our chains produced sufficient samples to estimate the posterior distributions reliably. Together these indicate that our chains mixed well and the posterior summaries are reliable.

We further conducted posterior predictive checks to investigate the calibration of our fitted model. Specifically, we compared the posterior distribution of the proportion of questions answered correctly to the observed value. The results are shown in Figure 2, disaggregated by exam type.

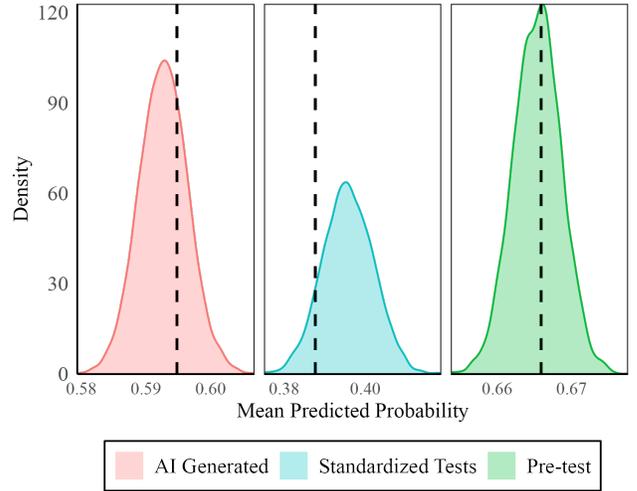


Figure 2: Distribution of predicted proportion of correct answers for questions of each type. The dashed line indicates the observed proportion of correct answers for participants in our field study for each exam type.

The observed proportion of correct answers from participants in our field study lie within the central mass of the posterior distributions, indicating the model is generally well-calibrated across exam types. Additionally, the posterior distribution of student abilities remains centered near zero with unit variance. This pattern indicates our items have induced neither excessive shrinkage nor undue dispersion in the ability estimates, suggesting the model is well suited to the available data. The full posterior distribution of estimated student abilities is available in the digital appendix.

## Results

We now assess the quality of our AI-generated and standardized exam questions—in terms of their difficulty, discrimination, and test information.

**Difficulty** Figure 3 shows the distribution across items of the estimated difficulty parameters  $\hat{\beta}_j$  for each question type. The average difficulty of the AI-generated questions is  $\hat{\beta}_{\text{AI}} = -0.45$ , indicating that students with estimated abilities somewhat below the average had approximately even odds of answering these questions correctly. This pattern aligns with the fact that students correctly answered approximately 60% of the AI-generated questions (Figure 2), meaning that the typical student was expected to answer slightly more than half of these questions correctly. This pattern may result from our question-generation process being anchored to instructor-provided exams and homework assignments, which might exhibit similar difficulty levels.

In contrast, the standardized test questions appear to be somewhat more difficult, with  $\hat{\beta}_{\text{STD}} = 0.35$ . This number aligns with the lower overall correctness rate of these items compared to the AI-generated questions (39% vs. 60%, as shown in Figure 2). The distribution of the average difference  $\delta_\beta = \hat{\beta}_{\text{AI}} - \hat{\beta}_{\text{STD}}$  has posterior mean  $E[\delta_\beta] = -0.79$ ,

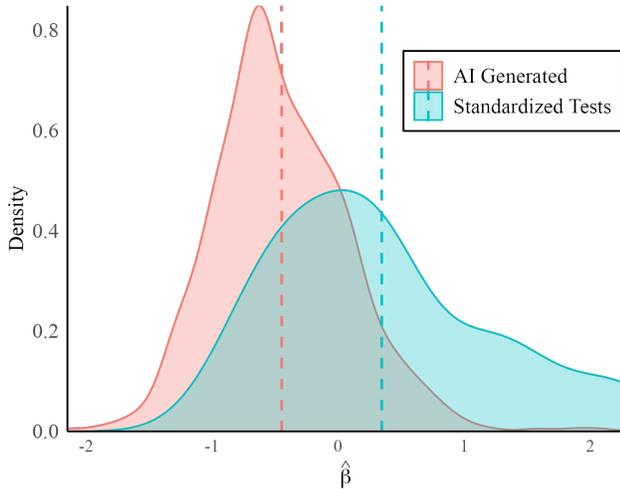


Figure 3: Distribution of the estimated difficulty parameters  $\beta_j$  by type of exam, with dashed lines at their respective means.

Discrimination	AI (%)	Std. Tests (%)
Low: (0.35-0.64]	0.0	8.3
Moderate: (0.64 - 1.34]	64.1	70.8
High: (1.34-1.69]	31.7	8.3
Very high: (>1.7)	4.2	12.5

Table 1: Proportions of questions by discrimination level, following the taxonomy of Baker (2001).

with 95% credible interval  $[-0.94, -0.65]$ .  $\Pr(\delta_\beta < 0) \approx 1$ , indicating it is unlikely that the differences we observe are due to sampling variation. Our goal was to select questions that were appropriately calibrated to our student sample, though it is difficult to do so precisely in the absence of detailed student data.

**Discrimination** Analogous to our analysis above, Figure 4 shows the distribution of  $\hat{\alpha}_j$  by item-type: AI-generated or standardized tests. The AI-generated questions had an average discrimination of  $\bar{\alpha}_{AI} = 1.3$  across items. In contrast, standardized test questions were slightly less discriminating, with an average of  $\bar{\alpha}_{STD} = 1.2$ . By standard IRT thresholds (Baker 2001), both AI and standardized test questions yielded, on average, “moderate” discriminating power. The posterior distribution of their difference  $\delta_\alpha = \bar{\alpha}_{AI} - \bar{\alpha}_{STD}$  has posterior mean  $E[\delta_\alpha] = 0.09$ , with 95% credible interval  $[-.0918, .253]$ . Here,  $\Pr(\delta_\alpha > 0) \approx 0.85$  indicating moderate evidence that AI-generated questions are slightly more discriminating than standardized test items in our sample.

Table 1 shows the proportion of items at each discrimination level, following the taxonomy of Baker (2001). While a large share of both the AI-generated (64%) and standardized test questions (71%) are considered “moderate”, 36% of the AI-generated questions are “highly” or “very highly” dis-

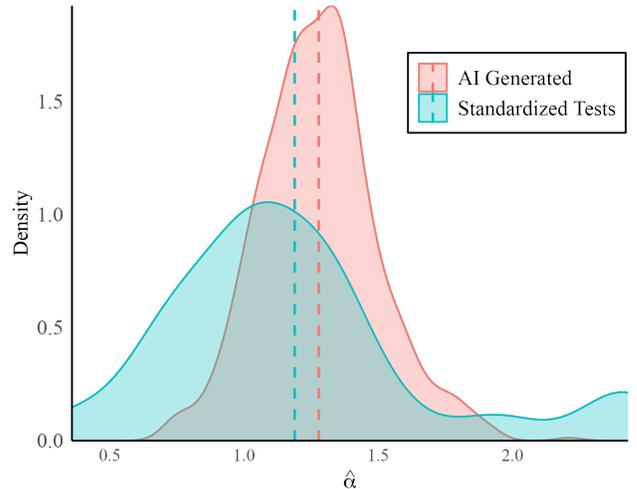


Figure 4: Distribution of estimated discrimination parameters  $\hat{\alpha}_j$  across items, disaggregated by type, with dashed lines at their respective means.

criminating compared to 21% of the standardized test questions. On the whole, the AI-generated questions are slightly more discriminating and more tightly distributed than the standardized test questions. We interpret these results as evidence that generative AI tools—and our iterative refinement procedure in particular—are capable of consistently constructing questions that can reliably differentiate between students. This suggests that instructors and testing platforms could leverage AI-driven item generation to create items with comparable discriminatory power at a fraction of the cost, and could offload creation of easier questions to an AI.

**Test Information and Reliability** We conclude by evaluating the quality of the aggregate 10-question exams for each class. To do so, we consider each exam’s test information curve and, in particular, the maximum information value associated with each exam.

Figure 5 shows the test information curves for every class by exam type, colored by subject matter. The maximum test information for the AI-generated exams, averaged over exams, is  $I_{\max} = 3.85$ , corresponding to a reliability of  $R(\theta) = 0.79$ . The test information curves for the AI-generated exams peaked at an average ability level of  $\theta = -0.51$ , indicating they were most sensitive for students with slightly below-average ability—which aligns with our finding that the AI-generated exams were best targeted to students of below average ability.

In comparison, the standardized tests have lower max information,  $I_{\max} = 2.61$ , with corresponding reliability  $R(\theta) = 0.72$ —in line with our results on the relative discrimination of AI-generated versus standardized test items. Further, these standardized exams peaked at an average ability level of  $\theta = 0.32$ , suggesting they are most discriminating for students of slightly above average ability, again as expected from our difficulty results. We note that some of the standardized tests have bimodal information curves, likely

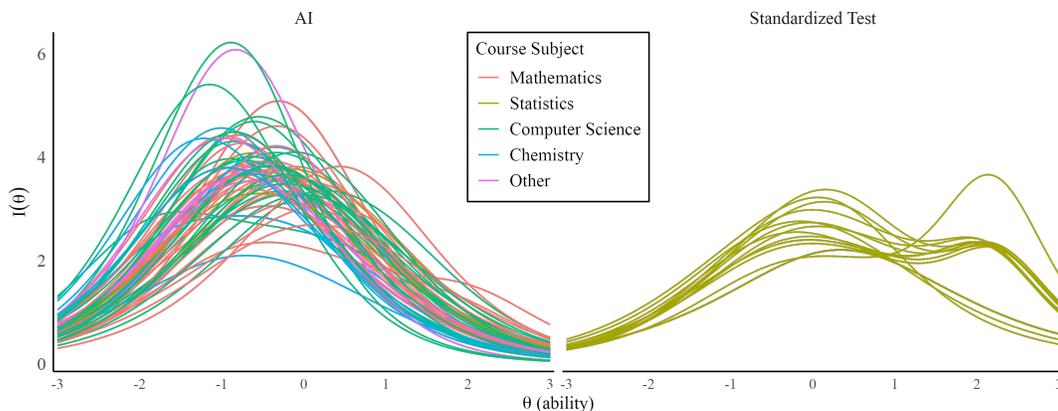


Figure 5: The test information curves for every class in our sample, split out by which type of exam each class received.

due to these exams having a subset of particularly difficult questions (as shown in Figure 5).

Overall, the test information curves further suggest that the AI-generated exams are more discriminating than the standardized tests, while being maximally informative for students with somewhat lower inferred ability. We note, however, that even though the AI exams show peak reliability for students of below-average ability, they still provide strong coverage for students across the ability spectrum. In particular, at  $\theta = 0$ , the AI exams have an average  $I(0) = 3.36$ , whereas the standardized test questions have an average  $I(0) = 2.5$ . Indeed, for all  $\theta < .75$ , the AI generated exams were, on average, more maximally informative than the tests composed of questions from standardized exams for the students in our population, illustrating the strength of the AI generation.

## Discussion

Building on past work on automated item generation, we apply an iterative refinement strategy to create questions tailored to courses across a diverse range of subjects. In one of the largest field studies of AI-generated questions to date, we found that this approach achieves psychometric properties comparable to those of questions appearing on high-stakes standardized tests. These results demonstrate the potential of AI to produce high-quality assessments at scale across varied topical domains.

Our study is subject to some key limitations. First, we evaluated the standardized test questions exclusively for the statistics courses in our sample, reducing the generalizability of our comparison between AI-generated and standardized test questions. We note, however, that this limitation stems from the relative dearth of publicly available question banks that are suitable for idiosyncratic courses—illustrating the value of AI generation. Second, for ease of grading, we limited our study to multiple-choice questions. Our question-generation procedure can, however, be straightforwardly modified to produce open-response or short-answer questions. Third, we limited our evaluation to relatively short, 10-question tests to avoid overburdening participants, though

it seems likely that our results would extend to longer assessments. Fourth, our reference condition approximated but likely did not fully replicate a human expert-written exam tailored to each statistics course. Specifically, although we used human-authored AP statistics questions, we still had to match these questions to each course based on concepts and difficulty as judged by an LLM, which may have introduced subtle differences from what a human expert might have done. Finally, our assumption of a constant  $\theta$  at two time points was necessary to establish of a common  $\theta$  scale; inferences based on this assumption would be especially likely to be invalid if students in classes that received AI tests had larger (or smaller) changes in  $\theta$  during the class relative to those in classes which took the human-generated exams.

Despite these limitations, our approach to exam generation appears promising for broader educational applications. Future work could evaluate expert-generated questions in subjects beyond statistics, potentially drawing on materials that instructors themselves have created in the past. For the most accurate inferences, one would ideally randomize assessments to be either AI- or human-generated. Moreover, one could expand beyond multiple-choice questions into short answer or open response, using an LLM to grade the open-ended responses. Finally, to generate questions with specific difficulty and discrimination levels, one could fine-tune a model using the type of student response data that we’ve collected, improving question calibration.

More broadly, AI-assisted question generation has the potential to substantially reduce instructor workloads, increase access to high-quality assessments, and improve learning outcomes through more tailored instruction. Instructors often have limited time and resources to prepare course materials; with AI-assisted exam generation, instructors may be able to spend more time on direct student instruction. Further, our exam generation procedure can be immediately adapted to non-English speaking populations, and tailored to diverse cultural contexts, enhancing educational access. Finally, generating questions in real-time could facilitate tailored, adaptive practice, enhancing student engagement and learning outcomes. Looking forward, we hope our work will

contribute to more impactful, dynamic, and inclusive teaching and learning environments.

## Ethical Statement

The long term effects of administering AI generated exams are not yet clear. Repeatedly delivering AI generated content to students could expose student's to the the biases inherent to these models. AI-generated items may exhibit differential item functioning, systematically advantaging some students and disadvantaging others for reasons unrelated to the construct being measured. Our research protocol was deemed officially exempt by the IRB prior to data collection.

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